



# SEND NEWSLETTER



## Spring 2025



[www.hollyhillschool.co.uk](http://www.hollyhillschool.co.uk)

This term, our newsletter will focus on the places parents/carers can go for advice and support. We know it can be overwhelming when there is so much information out there so we hope this will help you to find the right support.

With parent's evenings and SEND reviews happening this term, these are great opportunities to speak to your child's teacher or request to speak to me or our Family Support Worker. We'll also have a stand in the KS2 building during parents evening with useful information and upcoming events so please pop over to see us or ask any questions.

### Upcoming events



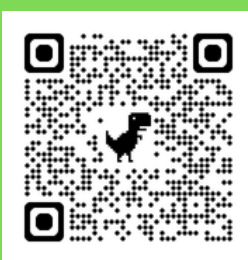
#### **SEND coffee morning**

Wednesday 2nd April  
9-10. We will focus on where parents/carers can go for additional support.

### **Healthy Families Team - Parentline 07520 619919**

Parentline is for parents and carers who may have health and wellbeing concerns about your baby or young child and be unsure how to get the help you need. The texting service is an easy way for parent and carers of children aged 0-19 years to confidentially ask for help about a range of issues, such as:

- feeding and nutrition
- child development
- parenting advice and support
- emotional health and wellbeing
- behaviour difficulties
- family health



Parents and carers can text their child's Healthy Family Team using Parentline on 07520 619919

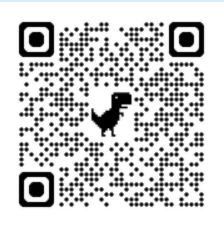
Text us for confidential support and advice

## Contact Us

<https://www.hollyhillschool.co.uk/special-educational-needs/>

Lindsey Rotherham (SENCO) - [senco@hollyhill.notts.sch.uk](mailto:senco@hollyhill.notts.sch.uk)

Jayne Leal (Family support) - [jleal@hollyhill.notts.sch.uk](mailto:jleal@hollyhill.notts.sch.uk)





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## Nottinghamshire County Council Support

It is now possible for parents to opt in to a range of support options in our local area. These include sleep workshops, transition support, ADHD and Autism programmes. We're happy to talk to you about these in school but they can also be requested by parents by following the link below, completing personal details and choosing from the options below.

### Which parenting programme would you like to attend?\*

- Cygnet (For parents/carers of a child with an ASD/ASC (autism) and/or ASD/ASC (autism) type behaviours without diagnosis, aged between 5-18 years)
- ADHD Programme (For parents/carers of a child with an ADHD diagnosis and/or ADHD type behaviours without diagnosis, aged 3 - 18 years)
- Sleep Tight Workshop (For parents/carers who are experiencing challenges around their child's bedtime routines and sleep in general)
- Transition Support Within Education Workshop (For parents/carers to learn strategies to assist their children in moving schools, classes etc)
- NST Workshop (Advice and support for parent/carers of children and young people up to 17 years with a diagnosis of ASD and/or ADHD or with indicative behaviours.) **This is the initial and recommended Workshop for you, if you child is waiting for an NST assessment. It is a workshop suitable for parents/carers of children and young people with indicative behaviours of ASD/ ASC and or ADHD, also post diagnosis support.**



## Nottinghamshire's SEND Local Offer



A guide to local services and support for children and young people with SEND aged 0 to 25 years.

## Including parents conference - 11th June

This is a free conference for parents and carers of children and young people up to the age of 19 with additional needs. It will explore sensory processing, empowerment, interoception, ADHD and understanding behaviour. See our school website for more information.



## Nottinghamshire's family Hubs



Family Hubs have replaced the old Children's Centres. More information about the hubs and other services available in this area can be found on [nottshelpyourself.org.uk](http://nottshelpyourself.org.uk)

