

# Kit List

## Clothing

- Waterproof jacket (waterproof trousers if wanted)
- Fleece or jumpers
- T-shirts
- Underwear & socks
- Comfy trousers (not jeans)
- 2 pairs of shoes - trainers or hiking boots
- Indoor shoes or slippers
- Pyjamas
- Hat and gloves
- In total, at least 3-4 changes of clothing.

## Other

- Insect repellent (A MUST for woodland/water)
- Reusable water bottle
- Prescribed medication
- Money for souvenirs
- Small backpack
- Packed lunch for Monday

## Toiletries

- Shampoo
- Soap
- Hairbrush
- Toothbrush & paste
- Towel

## Lake activities

- A pair of trainers or water shoes (that can get wet)
- Clothes that don't mind getting wet/dirty
- Spare towel/ dry robe
- Change of clothes for after activity
- Plastic bag/bin liner for wet clothes

As the lake is our first activity, children should arrive at school on Monday with the clothes they will wear in the lake.

Towel for the lake should be easily accessible from their luggage.

